



COUNSELING, PARENTING CLASSES & WELLNESS SERVICES

During the COVID-19 Pandemic, Alma is offering a number of individual and family support services remotely including:



Individual Counseling

Our Mental Health Clinicians are available by phone to promote optimal mental health, assessing and addressing the need for ongoing counseling for students.



Parenting Classes

Child Development and Parenting Specialists offer free and bilingual weekly parenting classes.



Online Wellness groups & activities

Our innovative and youth development programs are offering a range of remote group activities such as mindfulness, relational skills and grief support.

Call us at (323) 881-3799

- Alma Family Services Client Access Department-

You may learn more at: www.alfamilyservices.org & at www.facebook.com/AlmaFamilyServices